



SYMPOSIUM

OBESITY AND METABOLIC DISEASES: THE EPIDEMIC OF THE 21ST CENTURY

April 7, 2025

Conference Room, Basic Sciences Building,
Marmara University School of Medicine,
Başıbüyük / Maltepe / Istanbul



Christos S. Mantzoros, MD, DSc, PhD, h.c. mult.

Professor of Medicine at Harvard Medical School
Professor at the Boston University School of Medicine
Professor of Environmental Health at the Harvard School of Public Health
Chief of Endocrinology, Diabetes and Metabolism at the Boston VA Healthcare System
Director of Human Nutrition at Beth Israel Deaconess Medical Center
Editor-in-chief, *Metabolism, Clinical and Experimental*

- ★ Obesity Society TOPS Award
- ★ Endocrine Society Outstanding Clinical Investigator Award
- ★ European Society of Endocrinology Geoffrey Harris Prize
- ★ American Society of Nutrition's Robert H. Herman Award
- ★ American Society of Nutrition's E. V. McCollum Award
- ★ Gerald Reaven Distinguished Leader in Insulin Resistance Award
- ★ Endocrine Society 2025 Outstanding Scholarly Physician Laureate Award

Volkan D. Yumuk, MD

Professor of Medicine, Division of Endocrinology, Metabolism & Diabetes
at Istanbul University-Cerrahpaşa, Cerrahpaşa Medical Faculty
President of the European Association for the Study of Obesity (EASO)
President of the Turkish Association for the Study of Obesity
SCOPE (Specialist Certification of Obesity Professional Education)
Fellow



PROGRAM

OBESITY: IN SEARCH FOR SOLUTIONS FOR THE EPIDEMIC OF THE 21st CENTURY

Chairs: Nesrin Kartal Özer, Önder Şirikçi

09:00 – 09:10	Welcome / Introduction Saime Batirel, Ümit Şehirli
09:10 – 10:00	The magnitude and burden of the obesity epidemic and comorbidities in the 21st century Volkan D. Yumuk
10:00 – 10:50	From leptin to incretins to current and novel forthcoming medications for obesity and metabolic disorders Christos S. Mantzoros
10:50 – 11:00	Q&A

11:00 – 11:10 **BREAK**

KEYNOTE LECTURE

Chairs: Volkan D. Yumuk, Feyza Arıcıoğlu

11:10 – 11:55	MASLD and MASH; developing novel diagnostics and therapeutics for an unmet clinical need Christos S. Mantzoros
11:55 – 12:15	Why we publish and how to write a successful paper Christos S. Mantzoros
12:15 – 12:35	Q&A
12:35 – 12:45	CLOSING

ONLINE PARTICIPATION LINK AVAILABLE

Register now at: <https://forms.gle/xPkHkLMWp3QBbxq17>

